Pesticides & 'The Dirty Dozen'



Grapefruit 99%



Satsumas 96%



Strawberries 89%



Oranges 87%



Dried grapes 82%



Herbs 81%



Salad packs 81%



Grapes 80%



Lemons 75%



Pears 69%



Peaches 67%



Spinach 57%

Pesticide Action Network's list of the 'dirtiest' fruit and vegetables are based on UK Government data showing the percentage of samples that reveal residues of more than one pesticide.

There is a growing body of evidence that pesticides can become more harmful when combined, a phenomenon known as the 'cocktail effect'find out more about pesticides in food - pan-uk.org

Greencuisine Trust